



# WHERE TO DRAW THE LUST LINE

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## The KEY SCRIPTURE for Understanding Lust

But I tell you that anyone who **looks at a woman lustfully** has already committed adultery with her in his heart. Matthew 5:28 NIV

“However, I say to you, if you **look with lust in your eyes at a woman** who is not your wife, you’ve already committed adultery in your heart”. Matthew 5:28 TPT

But I say to you that everyone who **looks at a woman lustfully** has already committed adultery with her in his heart. Matthew 5:28 RSV

But I say, anyone who even **looks at a woman with lust** has already committed adultery with her in his heart. Matthew 5:28 NLT

but I say to you that everyone who **looks at a woman with lust for her** has already committed adultery with her in his heart. Matthew 5:28 NASB

but I say to you that everyone who [so much as] **looks at a woman with lust for her** has already committed adultery with her in his heart. Matthew 5:28 AMP

But I say to you that everyone who looks at a woman with lustful intent has already committed adultery with her in his heart. Matthew 5:28 ESV

## To LUST Means...

- unbridled sexual desire
- indecent sexual longing
- Looking long and hard at the women’s figure or frame to sexually exploit her.
- lewd leering,
- impure looking,
- ogling, staring, gawking,
- It’s the 2<sup>nd</sup> look that starts to sexually objectify the woman.
- It’s doing Mental Gymnastic in your mind with her body.
- It’s storing sexual images in your mind that you might selfishly go back to later.

LUSTING implies intent. It is looking to sexually exploit the woman, to use her for my pleasure. It is the looking at her for your sexual gratification that crosses the line.

## BY CONTRAST: What Lusting is NOT

- Seeing is not LUSTING

- Noticing is not LUSTING
- Looking is not LUSTING
- Attraction is not LUSTING
- Being Visually stimulated is not LUSTING

**AGAIN, IT IS LUST** when you look with the specific purpose to sexually exploit her, to imagine more, to treat her as an object, a thing to stare at, to fantasize about, to use her or any parts of her body sexually in your mind for your pleasure.

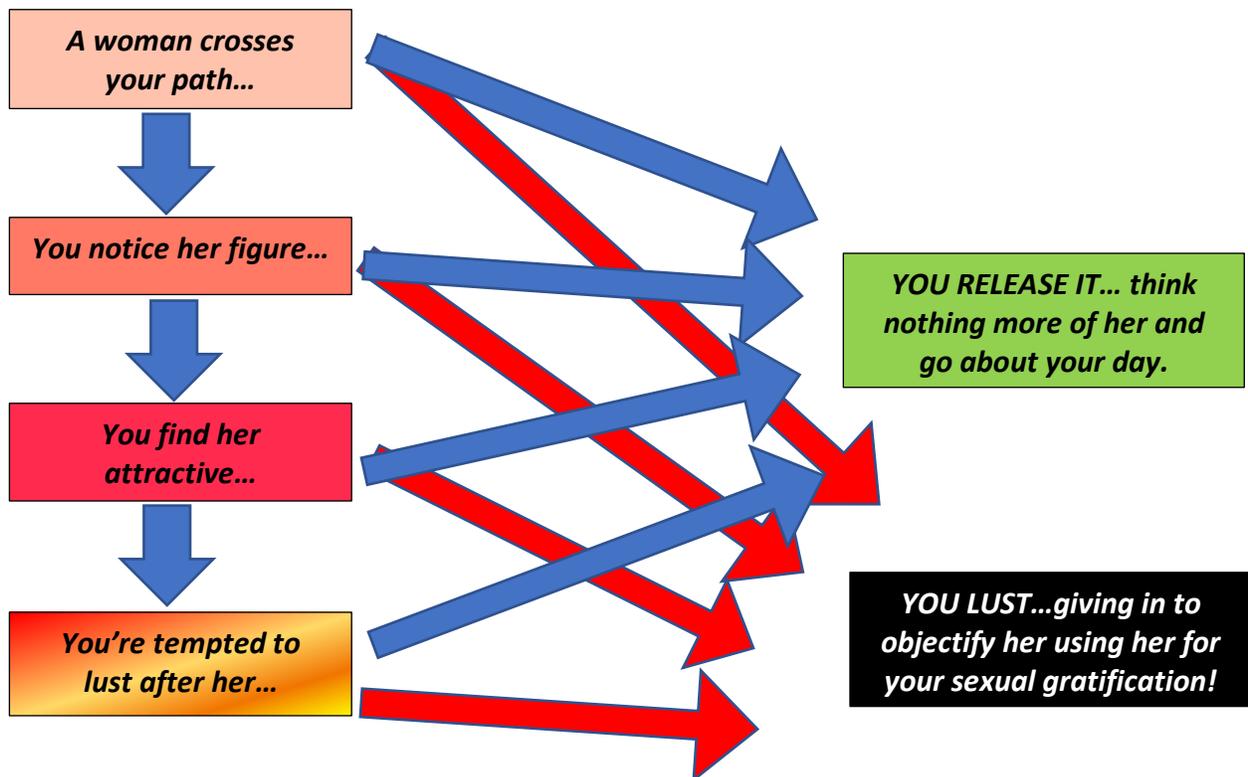
### When Does Lustful Temptation Become Sin?

1. A Visual Cue Enters your Brain - Just seeing a woman in your path.
2. A Thought Flash Results from the Visual Cue - Wow, she's pretty, she's built or whatever.
3. The Thought Flash is Focused on - You assess your thinking. Where are you going?
4. Thought Flash is Weighed - When I know that my intent is not honouring to God or her.

**IT IS HERE WHERE THE TEMPTATION BECOMES SINFUL - WHEN I CHOOSE I SIN!**

5. Thought Flash is released or embraced...
6. I can go on with a new, clean thought vs begin a Thought flash FIXATION

### FACING A REAL LIFE TEMPATION



**DO YOU OBJECTIFY HER OR SANCTIFY HER?**

## The Addict's TWISTED MIND Thinks...

This is great. I can still look!!! I don't have to look away. I can get a good sexual gander even be sexually attracted to her as long as I don't start "going places with her".

**PROBLEM:** Your mind has been trained and now is accustomed toward being sexually exploitive every opportunity you get.

## **MORAL RESET IS NEEDED for Men with Lengthy Porn Addictions**

- Men have sexually objectified women for so many years unrestrained that most of their looking at women IS LUSTFUL looking unrestrained.
- That is how they have come to gauge women - how they measure women. They see their body and figure all in sexual terms - a version of "EYE CANDY" that they get to enjoy
- Lust-driven men have lost their ability to look at women in a non-sexual way. Sadly, they have lost the ability to merely see their personhood - to treat them with respect as people.
- A visual free-for-all! No boundaries.
- (Treat) younger women as sisters, with absolute purity. 1 Timothy 5:2

## **MOVE THE LINE BACK**

- Look at women as people not bodies
- Look at women as more than a collection of body parts
- Treat women with respect
- See them as someone's daughter - like you want YOUR sister or daughter treated.

***(Treat) younger women as sisters, with absolute purity. 1 Timothy 5:2***

