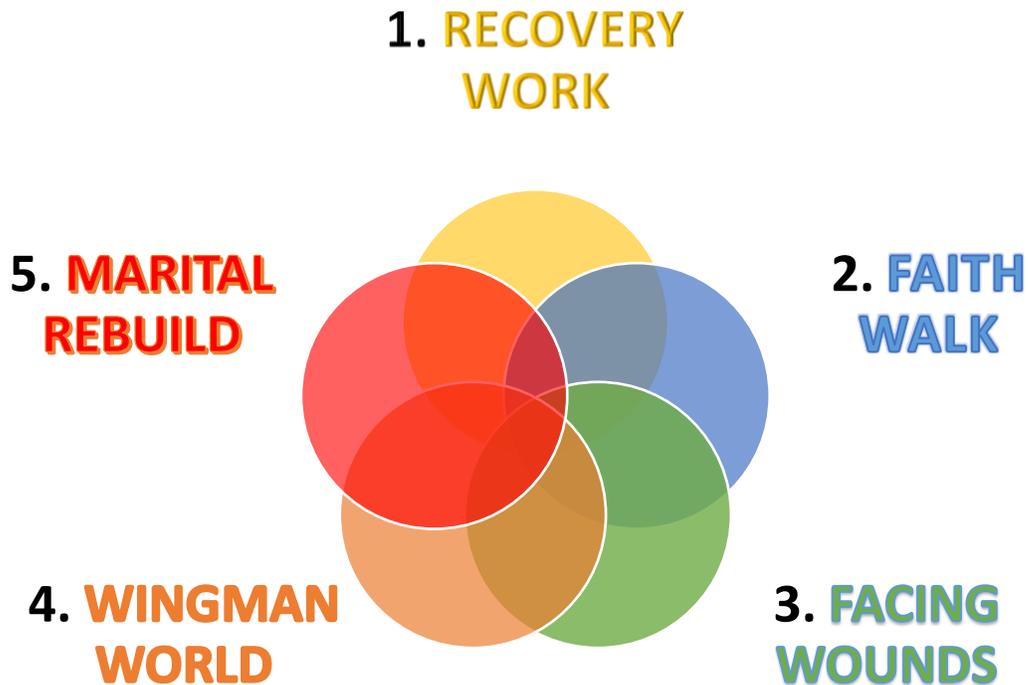




PRIME FACTORS OF RECOVERY MATURITY

Dr. Dave Currie



1. **RECOVERY WORK:** Commitment to do whatever it takes to overcome the addiction. It's work. You have been LAZY. No more excuses. No more relapses. Push to 1000 days clean and beyond. Stay focused. (Col. 3:17) /10
2. **FAITH WALK:** Recovery is anchored in a deep surrender to Jesus. He changes lives from the inside out. (2 Cor. 5:17). Build your faith. Be in the Bible and in prayer every day. Seek Him every step of your journey. /10
3. **FACING WOUNDS:** Long-standing hurts and deep soul wounds need to be addressed usually through counselling. You need to understand and overcome what is driving you to act out. Bravely face them. (Eph. 3:13,14). /10
4. **WINGMAN WORLD:** Submit to a community of brothers. Men make men. You must seek honest and authentic connection. It is about fully working all aspects of accountability. Become known. Don't hide. (Prov. 27:17). /10
5. **MARITAL REBUILD:** Do these factors staying in your lane. Start to take steps to rebuild trust and rekindle love. Go with your wife's readiness. Don't pressure. You caused great pain. Be patient. (1 Cor. 7:33,34). /10