



REJECTING RECOVERY

Top Reasons I See for Why Men Fall Away from Recovery

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Hebrews 2:1 - *We must pay the most careful attention, therefore, to what we have heard, so that we do not drift away.*

1. SELF-DECEPTION – Addicted to Lying

- Lying to Themselves
- Stuck Believing Lies:
 - I deserve this
 - It's not that bad – many see nothing wrong with it
 - My sex-drive is bigger and harder to manage than others
 - I will never get out of this
 - Nothing will change no matter what I do or how hard I'll try.
 - Our sex-life isn't regular enough – What's a guy to do?
- Lying to Spouse
- Lying to Friends
- Lying to ReGroup Men
- Lying to Counsellors

2. EXCUSES RULE THE DAY – Addicted to Alibis

- A life of Justifications, Explanations,
- Why they are different
- Blame Others
- Compromise becomes the Norm
- Closer to the Line than Wise
- Selfish – Their Needs trump all others – Wife, Kids, Extended Family
- Blames the GROUP – it's not helping me.
- Emotional Adolescence

3. SELECTIVE ACCOUNTABILITY – Addicted to Isolation

- Won't be KNOWN – Refuse to Open up to others.
- Won't Do what's UNCOMFORTABLE – Making CALLS!
- Don't open up on all things in their Life
- The Opposite of ADDICTION is CONNECTION – They DON'T Connect.
- Either are Not Open with Friends or make a POOR CHOICE in Friends
- Volunteer What's Easy to Talk about

4. SECRET COMPARTMENTS – Addicted to Privacy

- Won't tell the whole truth – Hiding
- Won't work through the GROWTH NEEDED to be Honest with others
- Feign Doing better than reality
- Don't come fully clean
- Don't open up
- Don't even admit that they are slipping, struggling or tempted.

5. FADING EFFORT – Addicted to Laziness

- Wants an easier way out.
- IMMATURE – Don't know what work is. Unable to Commit.
- Don't finish the course
- Don't even buy the books
- Don't finish the 12-Step Program
- Start Skipping ReGroup More and More
- Don't give back to Others –
- Didn't work at it Hard and Long enough to see changes – Gives up.

6. OTHER PROBLEMS COMPLICATE LIFE – Addicted to Chaos

- Marital problems distract from
- Can't stay in your lane
- Distracted by other problems
- Preoccupied by
- Busy with other things
- Priorities are skewed
- Recovery is secondary.
- Thought that doing some recovery would fix the marriage.

7. HARD HEART TOWARD GOD – Addicted to Self

- Commitment to Change is Lacking
- A Daily Surrender to the Lord hasn't happened.
- Never Worked to Grow in Faith and Get to Know and Love Jesus
- Stuck in Guilt and a Sense of Unforgiveness
- Don't see the need and value of a walk of Faith with Jesus.