

ReGroup Recovery Questions 3

FLAIR QUESTIONS – Questions from Women

1. Why do those who struggle with addiction continue to engage in it even tho they no longer find it comforting and know it is wrong?
2. Why does my people lie about addiction even tho they keep getting caught?
3. Do woman with sexual addictions differ from men?
4. How can I attract a good man that will honour me and not want to use me only for sexual things?
5. Is internet protection even useful? Can't addicts just bypass anyway?
6. Why is erectile dysfunction more common these days? Is it associated with porn use?

PARTNER'S QUESTIONS

1. Is it unreasonable to have the expectation that my husband doesn't think sexually of other women?
2. When your husband has sex addiction, IA and ADHD, what does healing and restoration of marriage look like? Is it reasonable to ask to do check ins or love link or both? Do those things even help when having the ADHD?
3. If my husband says he feels judged when I share my triggers and concerns, is that an area I need to work more on forgiveness or possibly not being forgiving?
4. When my husband feels controlled because of boundaries and my need for safety, how do I create safety without making him feel like he's being controlled?
5. How does a married couple make sex fun and safe after husband sexual addiction and sexual abuse/rape of wife? Is it unreasonable to not want to engage in positions where we can't even see each other's face and not have a husband who feels sex is just boring now?
6. Why do only some guys reset their all clear due to having lusting thoughts?
7. How can the partner group help the regroup, what information would the SA like to know from the partners?
8. The betrayal caused a totally broken and shattered trust, how does that get addressed in regroup?